

## REVIVE- Spiritual Theme of the Month

**June 2020** 

RENEW: It is simple to do what I have come to do. Any thought, any voice or any situation that is contrary to this fact, is not my primary mission. Fulfilling on my needs, my aspirations and *my work*, is exactly what I have designed myself for and exactly what I have in my life now. Anytime I get decoyed, or go off on a tangent, I can hop right back into what I need to be doing. I imagine my being on a large motorway and accidentally taking an exit. After driving a little, I realize I am not meant to be on that particular road . . . and simply find the best way to get back on the motorway, whether that is through a different road entirely or actually turning around. It's that simple. What I don't do, is keep driving in the wrong direction! Or worse, get out and set the car on fire because I am angry. No. I *renew* myself on the spot. Through working with guidance, setting my direction and getting into action. There is no complexity in spirit or the universe. There is great sophistication, but there is nothing complicated about it. This is one way I know when I am on a tangent — things seem to get complicated. That is *not* my way. As a matter of fact, I am here to simplify things for myself, and to assist others in doing the same. I am the most alive when I am on my path and in my timing.

REFRESH: Home. Coming "home". Early, I did not realize the power and depth it has. What it truly meant to just be cleansed. To just be at peace. There is something perfect about it. It goes beyond words. It is the satisfaction that comes from fulfilling a deep need. This is essential to the soul. For instance, It is not so much the body needing 'sleep', as it is the soul needing renewal. I need to "come home" so I can refresh myself for another installment in my grand adventure. That's what it's all about, fulfilling MY adventure 100%. How powerful is that! When I really start understanding and more consistently living this, I will be making 'home' wherever I go. I will do more in less time. It becomes the feeling of heaven-on-earth. I have this power within every moment. A freshness to be free. There are times when I encounter thoughts and feelings less than all that. Whenever there is a sense I am not doing my work or in my niche, I must rise at those times. I can either move up and do something about it, or shrink to be consumed by it. And being halfway, or ambivalent, will only turn me into a rusty usable instrument. Who has that time to waste? So, instead, I will be all of me, especially when the need is there. If you are looking for me, I will be easy to find . . . I'll be the one at home base, doing my work, right next to you. But you will need to rise, in order to be at home with me.

REKINDLE: With every step in life, within every breath of air, I claim my right to be here. I empower myself with all that is available to me, and more. I once again free myself to the wonders of the universe and the clarity of spirit. I do this when I *rekindle* my purpose deep inside myself. Perhaps this has become an over used word, "purpose." It is not lost on me however. That's because . . . I am that I am. I'm in love, yet again! I have enough love to set my boundaries, and to accept and let people be; I have enough love to treat myself with the same reverence & respect I would show to others. This is being 'in-love', not something that is given to me but something that I am. You get the best of me, because I am me. I am not trying to be something, or someone, that I'm not. Nor am I operating on someone else's picture. What is there to prove? Why force myself to run a race when there is nothing to

win. I have it already . . . everyone does, inherently somewhere within them. It is many times easier to be inspired, and to inspire, when there is a fire inside. The flame is lit and it burns bright and long.

INVIGORATE: If I am waiting for the Big Opportunity to come by, I may be waiting for a long time. I can spend many moons "thinking" about all the things and people I will interact with. But I realize the only thing I am gaining from sitting on the fence, is splinters in my backside. Time to get off the fence! Similarly, if I get all caught-up in the soap operas of life and trapped in little pictures. I will have spent a lot of energy with little return to show for it. I will be involved with everything but me. That is what feeling hollow is all about, caught up in everything but not truly knowing what life is all about. Time for me, and my big picture, to be in everything I do. The strength and fortitude I need is rarely in defending myself from outside invaders. Rather, it is to invigorate myself as a soul with a physical body. I must have two tracks in order to grow. There is the mystical unfoldment; my connection with spirit and spiritual gifts. And there is understanding more about myself fundamentally, and who I am and who I'm not. I can reach great heights, but if I do not do the work to understand what's me and not me, I will simply become confused at a higher level. If I do a lot of 'self-help' and motivation, but fail to build myself spiritually, I will become earth bound. Either way I am going to be squandering time and energy. Not knowing, then learning, is growing. Growing and passing it on, is graduating.

RESURRECT: The process of life is like an undercurrent in the ocean. Something that cannot be seen, but unquestionably felt. I accept more of myself because I accept that "process." Some call it a "journey" and others call it a "road." Whatever term is used, it is a means of fulfillment. It is a way to resurrect myself into something fresh and new. Much like the fiery Phoenix rising from the ashes. While this may sound a little grand for the dayto-day grind of life, it is reality. Anytime I ignore what I am pulling together for myself, I am choosing to be ignorant. I have a simple thing to do while I am here. I did not come here to 'fix' the world's ails. I am here to free myself, and be a way-shower. There will always be people who get help but go right back to the confusion they were in before. I must know when to move in and when to move out . . . or I will become affected — and maybe even infected — by it. Still, I do not lose heart. I sense the many people I came to work with; the ones that are willing to take the steps that I have taken. Those are my people — they are my target. And for all the others, I give hope. So that the seeds planted will grow when they are ready. I have worn many outfits, assumed many roles, and played many parts through life. I have fallen and gotten back up, and even transformed. Along the way I become stronger, wiser and more whole. But underneath it all it is me . . . each time I revive more and more into the Real Me.