SINGULAR- Spiritual Theme of the Month

August 2020

EXCEPTIONAL: One. One-with-All. This is reality with tremendous depth. And yet, with all its depth it remains simple. I cannot 'think' my way into it. I cannot fight or win to achieve it. Such a relaxed and balanced state of consciousness will always be elusive to me if I strive. The reality is, I must grow into it. There is no shortcut . . . even if I wish it were otherwise. It's like the tides of the ocean or the tug of gravity, no matter how hard I think or fight, they are here and I cannot change them. Once I realize I AM here to grow, life becomes simpler. I will start doing what my spiritual guidance did . . . become a master of self (myself). How many times have I jumped into analyzing & dissecting something, before I have even grasped the feeling for what I need or want? But something wonderful happens in all that process. I begin to realize there is something more, something exceptional. I realize it's all here for me. I settle into the reality that nothing can truly be taken or given and that I am only renting here. It frees me to be free, while still playing the game of planet earth. In other words, I can have all the things I want, but I remain crystal clear in my purpose and that which I take with me.

UNUSUAL: There is no end to what I can be involved with in this world. It could be said, there is more to do than can be done in one life. But the basic facts are, I have not come to do everything. I'm here to accomplish something very simple — Advance Myself. I am here to expand my horizons; free myself from limiting concepts, and enjoy the process as much as possible. It's a lifestyle of sorts. But the true way of it is, it is simply making that which is unseen, seen. Or to put that another way, I become proactive in my spiritual. This can be called, "Soul Consciousness." It is not unusual. It only seems unusual when I get caught in limiting ideas about myself. That is, when I accept things like Lack, Servitude or Division. I can open the door to this when I spread myself too thin; taking on more than I can effectively handle. The results are obvious, and unenviable. I need to be whole inside, not divided. That means I must understand my Loyalties and make them a practical way of life. In this way I will know the difference between that which is truly spiritual and that which is not. Beyond faith is trust, beyond trust is belief, beyond belief is genuine and unconditional love & respect for myself. It is there I understand purpose . . . I understand what is me and not me and I can then feel my timing. It's like tuning an instrument just right, producing a tone that reaches deep into the earth, high up to the stars, far into the future and way into the past; reaching both within me and out from me. It simply helps me, be me (the real me), for all time — now.

DISTINCTIVE: My purpose is to free myself and be an example of that freedom. I can then pass it on to those who seek that same freedom. My purpose however, is <u>not</u> to change others. I certainly do not want "others" constantly trying to change me or telling me what is 'right' . . . so why would I do it to them. It's easy to see the symptoms of this vibration — it starts with me 'multitasking' between my desires and catering to the whims of others. I become <u>reactive</u> to the worries or guilt of others. And finally I will become dictatorial and a master manipulator. The price I pay for all this is getting sidetracked into a pond with no inflow or outflow. In essence, I am easy pickings for dictators and a usable instrument for manipulators. Instead, I avoid all this when, I am being patient, as I grow into <u>my</u> "purpose."

It's much like the old story of planting a bamboo tree: For many years I water it but do not see any obvious change. If I am not careful, I will become distracted or lose hope in myself. That is when I can start minding everyone else's business. But if I stay loyal and water it consistently, then one day, I see tremendous growth. This can be surprising, since I did not see all the growth that was happening underneath; the roots were growing the whole time! Once there was enough depth and expansion underneath, there was distinctive growth on top. If I commit to nurturing myself and my opportunities, it is only a matter of time before I reach the Skies and heavens above. All steps are baby steps, until the time I walk truly on my own power. That's when I take full steps; when I focus my energy on my goals for myself.

INDIVIDUAL: I can have deep and powerful relations; friendships that are rich, as well as powerful partnerships. I learn from them and I grow from them. It is a need. But when it comes to my spiritual, I am married to no one. In other words, when it comes to my possessions, I did not bring any of them in and I will not be taking any of them out. Same goes for people; everyone eventually floats to their own level of awareness. I cannot force the evolution of any soul, no matter how much I love them. With this bigger picture understanding, I can be a positive team player, doing my part, assisting others and having fun and fellowship. After all, if it's something I want or need, why wouldn't I put my full self into it. That is being of super service. But it also means I know myself and what's in it for me. You see, I am an individual. I respect others in that way also. I get involved with people and things because of my own needs. If this isn't crystal clear inside, it will only be a matter of time before I am caught-up in the wake of other peoples' lives. Or worse yet, caught in the riptide of confusion. Once I refocus on my goals and my energy, I return as captain of my ship; I can smoothly move in and out of all my opportunities, as well as working compatibly with those around me. My teamwork becomes more fulfilling and I derive more satisfaction from my opportunities. That is me being clear with my motives, and acting upon them, in a way that is beneficial.

SOLO: When I am whole and not divided. I start freeing myself from fears. I become more powerful. It's like a weight gets lifted and a fog clears up. It's the feeling of being unlimited or infinite. All because I did not indulge in destruction. If I am going to reach my potential I need an unwaveringness or a constancy with my spiritual helpers and my needs. When it comes to What I truly need and want, I cannot have a committee deciding. I am solo in that . . . not even my guidance interferes with my decisions of "what" I want. Once I am clear however, with my decision and know what I want, I can pursue suggestions and opinions. It's the old phase, "Don't put the 'how' before the 'what." Now in contrast, there is such a pitfall as getting so focused on one thing, I can lose all things. It's called being Fixated, or locked into a small picture, and this will inevitably lead to troubles. The kind of troubles that come from forgetting why I am actually here. I immunize myself to this by reaffirming, "I commit myself, to myself, and to the work of spirit." I have all the help I need, four spiritual gifts to work with, wisdom from my experiences to draw from, and all the opportunities I could ever want. Regardless whether I am alone, in concert with just my guidance, or working with millions of people, I am great in what I have come to do . . . that is *singular*.