

## BELIEVER- Spiritual Theme of the Month

November 2020

WARMTH: The warmth I feel inside comes from the energy that I am; a well-spring of the soul. While it can appear that I am motivated by exterior things, I am basically stimulated to act by what is within. The facts are, whether I am 'doing' because of fear or because of freedom, it is actually because of what is going-on inside. I could not be moved by it, unless there was something to make it so. This could be expressed in a different way, what you see in me you have in you. That means, if I see something I like, I must have it, and if I see something that bothers me, or rattles-my-cage, I have that too. If I encounter something I don't really like, but it doesn't get to me very much, then I have taken a big step in mastering that area. As long as I am being honest with myself, I can discern where I am at and what I need to work on. It's a bigger picture I tune-into when I realize, it's all about me! All the people, the situations, the politics, the dis-eases and yes, even all the concepts and confusion; it's all "here for me." I am comforted that people-will-be-people and that this place is a giant school; to learn and grow spiritually. Along my journey there are times I can rest and enjoy the heat from a fireplace and there are times when I stay warm by being active and involved on my adventures. Both are important, but it is essential to remember there is always a fire inside.

ORDAINED: I often wonder why people assume that "to believe," means I have to be holy or be following some religious order. Or perhaps it means I am too blindly following or adhering to science. The name of the game, however, is that I came to do something simple. I am here to love myself and be in balance in my feelings and intellect. I have heard people say, "That doesn't make sense," or, "That's not really an answer," or, "That's not enough," all of which comes from fear and lack-of-understanding. It comes from doubt in self. Anytime someone (including myself) is operating in this way, there will always be some habit of comparing, of prestige or of piety. Meaning that, inevitably, the need for outer significance and approval will show up. In short, I am either going to try and live by external things or decide I will be ordained by me. I am not given significance by anything outside of me. I remember that god, or the universe, is within me. It takes a bit of work to get here, but that is the power I have and the power I came to work with. As a way-shower I will naturally have a great deal of this power. It is manifested as: Defined Energy, Complete Sincerity, Whole Continuity, True-Concern, Self-Respect, Loyalty-to-Self, Real Freedom, Personal Growth, Inner Balance, Pure Fulfillment and Super Service. These are at my core and how I show the way.

WHOLLY: When someone says to me, "I'm an Atheist," I usually reply, "I don't believe you." When someone says to me, "I'm Agnostic," I usually say, "Are you sure?" There is no denying the fact that I am fundamentally one with All. Science tells us, you are the total component of the universe and Religion says, 'you are the expression of God.' Being overly skeptical does little to advance me. As a matter of fact, it can limit and hinder my learning opportunities . . . and I emphatically did not come here for that! That doesn't mean I don't evaluate and discern things. It's essential that I do so, in order that I get my needs met, as well as do what needs to be done. A profound illumination takes place when I switch the word "Holy" to "Wholly". While in reality they are referring to pretty much the same thing, this substitution can help me shift into my "purpose" and what it's really all about. I need to be very sincere in this. The word "infidel" has its genesis in being unfaithful and not trusting in

myself; who I am, where I came from and where I'm going. In other words, without the feeling or depth within my involvement, my vibration will become wishy-washy (I will be neither here-nor-there). And that is a waste of time. Here is the big picture: I don't need to know that I have Guidance (but I do). I don't need to know that I have continuity (but I do). I don't need to know that I have a purpose (but I do). All I really need to know is, I am perfect and I will learn & grow and do the very best I know how . . . in all my opportunities. That is the feeling of being wholly one.

FLOWING: One of the needs I have as a living consciousness, or soul, is inflow and outflow. I need to be flowing with the energy. This is a "need," not a want. When I crimp either my inflow or outflow I will have troubles. I will feel threatened at a deep level. That is, my troubles will not be compartmentalized, but rather spill into all aspects of my life. If I cut myself off, from spirit and the bigger picture, I will start groping and grasping for a trick or gimmick to fix-it. Instead of relaxing and discerning, what's me and not me, I stay "threatened" and vainly search for outer-security. And if I'm not careful, I will compromise my freedom for the illusion of safety. This is where an addiction to negative emotions gets created. I cannot be truly swayed by mere "negative emotions," whether they are mine or someone else's, but rather I must first accept them. Imagine that! I have to be all tensed up and willing to buy-into-it in order for them to plague me. Now there is nothing "wrong" with emotions, they are useful as an expression and as a measure of where I am at. But if I get too caught-up in them, and hamper the flow of spiritual evolution, I will squander time, make little progress and get all worn-out. Well, I am making a point of being a little more discerning of what I am "buying-into" these days. I can make being happy, successful and abundant all the time a consistent way of life. I simply need to understand HOW I do it. With this as my desire, I am *flowing* in what I come to do and who I am.

SECURE: I do not need to prove anything to anyone. I do not "need" anyone to accept me. I do not need love, to be complete. Nor do I need things, to make me great. While all that is important and has a purpose, I did not come to live from the outside in. The first crack in all this will show up as, doubt. As long as I keep myself alert to the doubter, I'll be all right, and without question I need to remind myself of this from time to time:

Outer rejection or acceptance does not exist. Someone's disapproval or approval means little to me. What you think of me is none of my business.

What is most powerful, is when I totally believe in myself. This is reflected in my self-esteem and resoluteness in my purpose. It frees me to be humble, but still confident. Organized but relaxed. To share the love I am, through true-concern. The truth is, all things are possible because I am *secure* inside (not because I have outer forms of security). I know, I am the one who will make it or break it . . . and whether I "make it" or "break it," I can always make it better. All those whom I come to work with have this inside too. I can both be inspiring to them and be inspired by them. I am at peace in this way, and it is an excited peace. I can have abundant opportunities and much interaction with those around me, all while still doing what I have come to do. What truly makes me, me, is that I truly know who I am and what I've come to do . . . and that's what defines me as the *believer*.