

ALIGNMENT - Spiritual Theme of the Month

July 2021

CLEANSED: In order for me to be in harmony I must do my part. While it is true the Universe & Spirit assist me in many many ways, it is nonetheless essential that I rise up to mesh with that vibration. This is a major key to the *law of attraction;* being in the vibration of what I need & want; being in the vibration of spirit. When I identify the energy I seek, I do my "50%" and start resonating with it. Or to put that another way, I raise my vibration so gravity does its part; me to it, it to me. In this, I learn what is me and not me. I grow by shedding that which is no longer needed and unfolding more of innate, authentic me. I evolve by consistently maintaining this process. Along the way I am bound to hit some stumbling blocks, but I must remember, "The path is made by walking." This is me being *cleansed* and it is in every breath I take, in every step I take. That is my part.

ADJUSTMENT: Clarity in purpose and definition in goals, is what allows my Helpers to really help. I liken it to 'professionals' assisting me: if I am unclear or vague in what I need & want, what do I really think is going to happen. In other words, those "professionals" will help and back me, but I will not feel the accomplishment & fulfillment available to me — I got out of it what I put into it . . . vagueness. This will get even more amplified when I become 'vague' in my spiritual life. If I let Who I Am and What I have come to do get "complicated," or blurred, I am trying to play a limited earthly game within the realm of Spirit. It's the old analogy of bringing a TV set along to the jungle. Sometimes I wonder why I am not advancing spiritually or why I am feeling things slow down, and then the realization hits that I'm not making the adjustment to keep it simple. All I need to do is allow the universe & spirit to be in-line with me and me in lockstep with them.

SEQUENCE: When my desire lines up with my purpose and that of Spirit, I am empowered with what I need, and more. It is the feeling of my outcome being assured because I am in My rhythm & My routine; that is to say, I am operating from my needs and not those of others. The saying goes: A thousand candles may be lit by a single one and the life of that one candle will not be diminished. There is no limit to what I am capable of. But I must remember, my fire must be lit first and remain burning bright. That is the *sequence* to freedom; My loyalty to myself — to the small unit — to the bigger picture. I know I am in this groove by the way it feels: "Becoming organized, so spirit can use me and count on me." "Freely passing on what I have pulled together, in an abundant way." "Helping people to help themselves."

STATE OF AGREEMENT: Simplicity and expression are a grand tell-tale sign how I'm doing. Is it simple? Do I feel good? If yes, then I can start moving into action with "how" best to do. If the answer is no, then I need to finish getting the facts; lack of simplicity & happiness means I am missing "facts." I did not come here for a vacation or be taken

care of. I have come to fulfill a spiritual purpose; to free myself from the bondages of ignorance. I <u>do not</u> need to suffer in this process. I <u>do</u> need to put forth the energy which allows the spirit to come forward. While I'm here I need to manifest Aspirations, Action, Achievement, Advancement, Answers and Accomplishment. I accept this and I realize the world is made for me. But How I do it, also counts. I am a liberator, not a conqueror. While it may appear I am doing similar things on the outside, my *state of agreement* inside is profoundly different and so are the outcomes. I liberate myself and inspire others to do the same.

FLOW: The river does not struggle. There is no anxiety or depression associated with water finding its level. The facts are, I can throw rocks in the river, divert it or even try to dam it. But because the nature of it is to *flow*, flow it will, one way or another. When I rise above the pettiness of personality I reach a state of consciousness akin to that of pure spirit. I start understanding what it's really all about. Now sometimes it can be useful to experience a little 'contrast' between what works smoothly and that which is rough, or hard work. When things are misaligned, or my energy is scattered, I will progressively encounter and bump up against hardships; small at first but growing quickly. And too often can I get caught in thinking I have to change many things in order to move forward. To the contrary, most of the time it is the opposite; I only need to make a few little shifts here and there and I'm back in the rhythm, with things naturally happening as they are needed. While there are states of consciousness that can make things complicated, the truth is, *Alignment* is coming into-line with myself, Guidance, the Universe and my service. It is that simple and that true.