

VALOR - Spiritual Theme of the Month

October 2022

FACE: "Give evil nothing to oppose and it will disappear by itself." I must *face* my challenges. I must *face* people, of all kinds. When I do, I am then halfway there; halfway in fulfilling the opportunity I have attracted. There should be no misunderstanding, that I am inviting confrontation in any way. To "face," does not mean feeding confusion or giving life to problems. What I am saying is, I stay present and in-tune with my goals. This means I work with things and situations based on a balance of my 'feeling & intellect;' I work based on the needs (not my likes-and-dislikes). The number one thing that sparked my reawakening, was the message that I am intelligent light — a soul, a consciousness; I do not have it, I am it. It means I am prepared to Die Well, at any time. In other words, I release fears, so I am freer to do what is needed, now. One of the greatest things I can do is to *face* who I truly am.

CONSCIOUS: There comes a certain point when I must put what I have learned into practice. Otherwise, I will become spiritually constipated and fearful. Not only do I need to be *conscious* of who I really am, I need to be *conscious* of making it practical; at least until I have momentum. If I am not playing-the-game-of-life, in a way that supports my opportunity here, I am being played. I am letting the rules & regulations control me, rather than working with them based on their purpose; a means to evolve. I must become aware of when and where I am fighting or rebelling. These are telltale signs I am not in-charge of my energy and something else is usually I am caught in too many opinions or ideas. All enslavements have one thing in common . . . they make the outer more important than the inner. This is the blind leading the blind. Positive momentum starts by becoming *conscious*.

BOLD: I must first do the big things, so I have the energy to do the little things. What are the "big things"? They are cleansing, setting my energy, and regrouping with my Helpers daily; it is evolving spiritually. The "little things" are achieving my aspirations, the advancement of my material and social goals. I do not believe in luck, but "fortune favors the bold." I am not here to be meek or run-away from my destiny, I am here to be *bold* in my purpose and thrust . . . *bold* in my service, to myself and people. There can be resistance that builds up through lack of communication and action. I simply ask myself, "If not now, when? If not here, where?" The truth is, daring is success, the rest are refinements. I do not even think about it when I am enthusiastic; it is natural and that is my key. So, I *start by doing what is necessary; then I do what is possible; and suddenly I am doing the impossible*.

INTREPID: I must not be afraid to clarify the difference between my spiritual life and my material life. One I take with me, the other stays here. This includes, to name a few, my persona, relationships, and the jobs themselves. How I work with them and how it builds me are real keys. As a matter of fact, I need to maintain this clarity as routine. Without it, fear will always creep in, no matter how much I know. On the other hand, when I have the big picture, I am free to accomplish and there is no timidity in what I do. I become *intrepid* in my direction and beingness . . . *Intrepid* is of the soul. One of the universal laws is: Live and let live. And it is amazing how freeing that is and how easy it is to spot those with fears. They are the ones talking about it, but not actually living it. I am not here to be some martyr, hurling myself against all the "right & wrong." I am here to live my plan. And as such, I am at peace, there is nothing for me to be alarmed about. Where there is serenity there is no room for anxiety.

STRONG: "Tell the truth, the whole truth and nothing but the truth." This little statement helps bind society together. As the "whole truth" breaks-down, so will society. But many times, worse, I start breaking down. When I feel I cannot share my true self, I weaken and am then at the mercy of others. If I do not find a way to start sharing, I will feel life's flow slow down. I need to be *strong* enough to do my work here. To fully realize, *I came in alone and I am going out alone.* And to recognize that I am part of a Team, sharing spiritual freedom, though my example. It is a lie that I do not have what I need. All my experiences have helped me to be *strong*, in order for me to take the next step. Being "strong" is rising to meet the bigger picture, regardless of others' fear of heights. It is doing this when the tide is coming in, no less when it is going out. True *Valor* is advancing as a Soul, heedless of whether others stay or retreat.