

NOW- Spiritual Theme of the Month

September 2020

PRESENT: It is in this moment, that I know myself and Spirit . . . I know the Universe (the All). I will not uncover it in the past. I will not discover it in the future. While this concept has been shared many times, it's truth will be for all time. That abiding truth: it is and will always be the *present* where I am, and where spirit resides. It is where my fulfillment of my life's work happens. This is reality and simplicity. I feel my heart beat. I hear the need. I see the solution. I know the path. I am empowered to do and be it all, because I am here (not someplace else). It is so easy to flow with spirit and reach my goals; I have to work hard at not being successful. It is not very popular to live in the present . . . more popular to live emotions stirred up by what was or may be. But at some point, I have enough experience and wisdom, to live this moment. It's a beautiful thing, and all things are possible in it. There is nothing I cannot accomplish or fulfill when I have made the decision to be my purpose and freely release that which is not.

CLEAN & CLEAR: A student found a teacher to share spiritual wisdom. The teacher was wise and experienced and the student was eager. Over a short time the student learned a great deal quickly. The student began to see things that others did not; to feel and realize things about people and situations. One day the student and teacher were walking through a town and the student said to the teacher passionately, "That man working on the road, is working hard instead of working smart. He relies on his muscles and not enough on his brains. Someone should have shown him a smarter way, so he doesn't hurt himself." As they passed, the teacher replied, "Yes, there was an opportunity missed." They walked further, "I see that woman binding the grain too loosely. I sense she is not deliberate in her life. She will waste and lose much of what she pulls together. Somebody could have shown her how to be more firm in herself." So the student said with a little emotion. As they passed, the teacher replied the same as before, "Yes, there was an opportunity missed." The student continued to share keen insights on what was seen in people and how someone or somebody could help guide them in their journey. The teacher agreed and spoke of the tragedy of missed opportunities. Eventually they returned home and the teacher said, "You have learned a great deal. It is time for you to move to the next plateau." The teacher gave the student a shovel and directed the student to dig a hole two feet wide, six feet long and six feet deep. Without hesitation the student began to dig. Dusk came and the hole was finally dug. The teacher came out and dropped a silk wrapped scroll into the hole and told the student to fill the hole back in, which the student did. Then tired and dirty, he went to sleep wondering what was on the Many days passed and the student continued to wonder. The student began thinking of the scroll often and even dreaming of it. Finally the student ventured to ask, "Teacher, what was on that scroll?" Waiting for the question, the teacher handed the student the shovel once again. Doggedly, the student dug deep in the hole and found the scroll, discovering when he opened it that it bore only two words — "Somebody" and "Someone." The student stood quietly for a moment, then put the scroll back in the hole and buried it once again. The teacher came out and asked what he had buried. Dirty and tired, the student replied: "I have buried 'someone' and 'somebody'." student comprehended that embracing opportunities to share and be involved was the next plateau. From then on, the student shared and assisted when the feeling was close at hand, never missing an opportunity. So, to be clean & clear of what is opportunity and what

be found in a *feeling moment* . . . that creates movement and momentum!

TIMING: I cannot work with someone based on the past or 'possible future'. Of necessity I work with them where they are at, not where they were or could be. Of course, I consider the past, of course I am aware of the possibilities. But I cut-off my opportunity when I become judgmental in those aspects. Now to be clear, if I know or sense someone has a bad habit, I am not going to just let them take advantage of me or my circumstances; I am not required to work with anyone. But the threshold question is, am I focused on My Goals or am I focused on their goals? It is far easier to do what is needed when I allow people to pursue their own desires. And so, they are in front of me for a reason. I share freedom and peace by giving direction. They can choose this or something else. What I have to offer is great and I am not worried whether they take it or not. The rest is simply timing. Knowing when to share specifics, knowing when to share only my presence, and knowing when to share someplace else. In the end, it largely has to do with being in sync with my inner rhythm; the rhythm of spirit. With my loyalties clear, I will be on time every time . . . and that makes me a living example of timing.

DIRECTLY: This moment leads me to the next. Step by step I live an adventure of discovery. I follow the chills, I follow the inspiration . . . I follow the feeling, *directly*. This is where I must have a strong moral fiber. The follow-through even when I do not see the path or I hear the naysayers. It is easiest when I get-out-of-the-way. In other words, am I focused on 'personality' or am I focused on "purpose." Personality is all about the face I can wear or something specific in my make up; personality is a means to mature. Purpose is all about the whole of me, my consciousness or soul; purpose is about my continuity. I am familiar with living life based on personality. I am familiar with living life from both the pivot of personality and of purpose. I am becoming more familiar with living life fundamentally based on purpose. And it is without question, the most powerful and beautiful thing I have ever been involved with. It is pure. I am here growing, and so I will find parts of my personality that sometimes get in the way. That's all right. I will not waver or wander far, because my commitment to my purpose carries me through . . . it carries me home.

SOURCE: Suggestions or commands? In the end, the "commands" are few and they primarily come from within. Everything else is "a suggestion." While I may have a tendency to call the Man-Made Rules & Regulations "commands," they are in-fact suggestions. I need to remind myself of this from time to time. It can be easy to 'buy-into' some big idea out there (this is perpetuated because there IS energy in fighting for a cause). Or that the boogeyman will come and get me. The main problem in all this is, I coverup the reality that I am the source. I make out-there, more important than in-here. Truly, however, I live from a renewed perspective when I understand that commands come from me and suggestions come from others. Many "suggestions" are in my best interest to follow. After all, the lines and markings on the road give direction to drivers. I don't really need the lines, but it's great to have them so others can learn to respect as I did. I get into trouble when I Intellectually Rebel against things that inherently serve me, which is born from not knowing what I am getting out of the situation. Once I clarify the benefits to me, I relax. A big part of why I am here, is out growing intellectual rebellion. As I do, I get that it's All here for me. I can do what I come to do and still play the game of life. *That* is a key to the graduation process. A key to fulfilling my purpose. And it is a key to living in the Now.