

ENJOYMENT - Spiritual Theme of the Month

April 2021

PLEASURE: Today is a good day! It's not a "good day" because the sun is out, although that is nice. It is not a good day because I am with a certain person, although that is nice. It is not a good day because I have a full treasure chest, although that is nice. It is a "good day" because I am here, I'm working with my Guidance, and I am doing what I have come to do; I am living. It is the pure *pleasure* of involvement! It is a beingness while doing. I do not confuse this "beingness" with an ignorance or pretending there is no negative. On the contrary, I see it all for what it is. Opportunity . . . And to be clear: Being of Service by, "Seeking Opportunity" for my own benefit. Imagine the amount of love and respect other people experience because I am involved in what I Love. In other words, because I know clearly what I am seeking, everything becomes a joy; it is a *pleasure* to live and to do. It is singing the heart's song. It's the feeling of, being alive!

SATISFACTION: I <u>do</u> have "preferred" outcomes, or "preferences" you could say. I don't know anyone who doesn't. But what I really want, what I desire, is to be involved in the feeling of my goals & objectives. Another way to put this is, "I am committed to being <u>in</u> the feeling I seek." "Lack" and "misery" are contrary to that feeling. These emotions are not really compatible with me. This is an important difference to be discerning about; feelings vs. emotions. As I maintain the true feeling as I am in action doing, the feeling will grow like gaining roots within me. Pretty soon I will imbue that feeling in all I touch. I become part of the law of attraction; The laws of spiritual gravity. This is further how I become one with all things. And that is genuine *Satisfaction*. The *satisfaction* that comes from the balance of true-feeling and understanding, while embarking on my daily adventures. If I want that fruition, I need to feel it fully. This is the experience of feeling what I want, before I start. And just to emphasize, I do need to "start," I have to do more than simply think about it. *Satisfaction* comes from the flow of heart, to head, to hands.

DELIGHT: There is something divine about pure "outflow"; truly giving of self. I'm not speaking about a giving based on obligation or some idea of selflessness. I'm referring to the *delight* that comes from doing because I really want to. It is the clarity that, there is something in it for me. A love that overflows. It is said, Spirit is attracted to enthusiasm. This is natural when I am involved in the vibration of my purpose. In contrast, when I am not sharing and having that exchange, there is the sense or idea of Death and merely existing. There is no *delight* in confusion. As a matter of fact, confusion is something I am continuously outgrowing. The key is not confusing my spiritual life with my material life. Both are important, but "I am in this world not of it." And that brings me back to "Giving of Myself." I am in the light — delight — when I am freely flowing, flowing towards.

JOY: I do not have to try hard to be successful. I only need to be a little organized. The more I understand the game of life (and the language of Spirit for that matter), the more I

recognize how simple things really are. I need a little get-up-and-go to fulfill my purpose. I need a little organization to harness my energy. And I need the feeling to carry it through. When I have this all pulled together inside, I experience *joy*. If I wait for the big opportunity, however, I am wasting precious time. If I get caught up in all of the world's problems, I am again wasting precious time. Even if I fairly value my "time," I will be dampened in my abilities and expression. You see, when I get confused in my purpose here, or wishy-washy, I am no longer rising to my potential. Life becomes a Trial. It's like not being able to draw a full breath or not having the energy to do what I want to do. My energy gets all used up. The good news is, I can drop that concept like an icy rock. I can stop trying, and commit to the *joy* of today. And that is a feeling I can ride to success.

LUXURY: The riches in life, are in "life." I enjoy the things of planet earth: money, cars, homes, etcetera. I enjoy the interaction in relations, business and nature. But it is actual life (living life), that it's all about. I can do nearly any opportunity and get my needs met. But when I combine forces, with spirit, to fulfill my purpose and help people help themselves, I really start living. It's a redefining of beingness. Abundance and affluence are great. And it's great to have more than enough. This is part of why I am here. I will never undermine or diminish having things with any thought or feeling of lack. Nor will I indulge in other peoples' "lack"; this is the indulgence of minding other's business. I am in-charge of my happiness and my actions. I enjoy *luxury* because I become the *luxury*. You see, I know where it fits. I cannot take it with me, so I appreciate it. What I am saying is, when I am putting everything I am into everything I do, it transcends space and time. It is moving through the 5th Dimension, as a way of life. I love everything . . . because *Enjoyment* is the fun and process of being me.