

## **ROMANTIC** - Spiritual Theme of the Month

November 2021

VISIONARY: Whether there is calm or turmoil, I am at peace in all waters. Whether people around me are bright or shadowed, I am light and radiate the same. Whether there is sureness or doubt, I trust & believe in myself. There is a difference between thinking about the path and walking the path. What I have come to realize is, it is many times easer to "walk the path" than it is to think about it. By design, I am here to be involved — to accept and seek-out opportunity. As I do, my whole beingness comes alive. However, I do not experience this aliveness when I am uninvolved. I have heard people say, it is something special to truly see what is within, but I know it is normal to be a visionary; to be one with my vision. It is simple really — I make my vision essential and more important than any bad habits. That's it! The rest is lovalty. encountered, with all I have learned, and with all I have pulled together, I am still amazed at how simple life is and how fundamental what I come to do. There is no suffering unless I want it. There is no disaster unless I contribute to it. There is no fear unless I hold on to my ignorance. I am made-up of all things, and I have just begun to enjoy them and pass them on.

PASSIONATE: I must allow what is within, to come out. I cannot be free if I keep myself all pent-up inside. In other words, my feelings, my thoughts and my actions need to come into alignment. This does not have to be some big production or fight. On the contrary, it can be smooth and delightful; I waste a lot of time fighting for something I already Of course, if I haven't been "smooth" in my feel-think-act lately, I may make some mistakes along the way. Again, I will do the very best I know how and I will ask for forgiveness for my mistakes and trespasses; I pledge to learn & grow. nonetheless keep getting caught in the same thing, over and over, it's time to give myself a little kick in the pants. But whatever I do, I must be passionate about my purpose, passionate about my opportunities, and passionate about the Spirit. This becomes easier when I release ignorance. Nothing that is spiritual or virtuous is complicated, rather entirely the opposite. While it may sound like a cliché, there is bliss in doing; not just staying busy, but really *doing* for myself. I actually purge myself of harmful emotions by staying connected with the bigger picture, while "doing." This was an amazing revelation to me when I first heard it, but it has since become elemental common sense, now that I practice it. I let what is within, out, and I feed the spirit within.

IN-LOVE: Love is pure energy. The universe is made up of that energy and I am one with the universe. I can truly be IN the energy of love and fully respect all people as long as I see them as energy. The moment I get stuck or pulled into what someone has been programmed to think and feel, I am no longer free to connect with them as a soul. When I'm playing with someone's limitations, I am no longer IN-love. I need to see people as they really are and not let them influence me to forget that they are souls. I can walk through a pit of snakes as long as I don't acknowledge them as they acknowledge themselves. I can walk with thieves, as long as I don't see them as they want to be seen. If I get involved in perceiving people the way they see themselves, I am forgetting they are

energy, have always been energy, and will always be energy. To truly be *in-love*, and not just play with the idea of love, I cannot afford to be caught in petty games of greater or lesser. I have to appreciate myself and others as souls in order to freely connect and fulfill my purpose. It does not take much really, it's just being sensitive to the 'needs.' After all, it is in my best interest to do so; fortunately, my needs are easily met when I am *in-love*.

OPTIMISTIC: You may be familiar with the symbol of a jumping stick figure on top of the planet. It is symbolic of the real me, "jumping-for-joy to be here." That is because I have a tremendous opportunity; and not every soul has organized themself do this. Every now and then, I need to go outside, look at the sky, and repeat, "I am just happy to (3 times.) I have been rejected, abused, stolen from, lied to, injured, manipulated, controlled and more. Yet, I know I am responsible for me and for my opportunity. There is never much transformation or change in looking outside, or in blaming others. I stay optimistic. This doesn't mean I am ignorant or naïve that everything is going to be perfect (or that things will just take care of me). Or that I will never fail nor experience pain. What it means is, when I am optimistic, that I am in charge of my energy. I wield the power within. I think back upon all the times I did not handle situations well and I can truly say, I was not really in charge of my energy, at those times. There is no guarantee things will work the way I want them to. Be that as it may. I have found that staying present and keeping my energy positive does ensure I stay on the path of success. I can be strong and firm when necessary, I can be gentle and kind when needed, and I can be happy all the time. But I will have none of it nor have any hope if I play games of poor-little-me. It is, has been and will always be me, in the end. And I confidently reaffirm, "I am jumping for joy to be here!" And that makes all the difference in the world.

IGNITE: There is an aphorism that goes, Love thy self. It shall then overflow into what you do and whom you're with. How clear is that? Or as been said another way, "We must fall in love with ourselves. I don't like myself. I'm crazy about myself." I can imagine what comes after that . . . I would unequivocally be free to love and enjoy all things. In truth, I know this inside, and yet I can catch myself holding back; in other words, not truly giving, to myself, and others. If I do this long enough I will find a way to suffer . . . and that is at best a waste of energy, or sometimes even worse, an expenditure of energy **against** my objectives. And none of that sounds inspiring. So, without beating myself up, it's time to get back on the horse and ride into the sunrise of self-respect and loyalty-to-self. No need to make a big deal out of it, but simply keep my eye on where I am going. This also means, not allow others to be the priority while making myself merely an 'option.' Everyone is a "priority," but I am "priority one" for me. There is categorically no limit, to how many I can be of service to, when I am the love inside, when I have the love to get back up when I fall. With this clear, I ignite the love, respect and abundance in everyone I meet. I ignite the consciousness within. This is real, and no one can put out the flame of freedom and the spirit . . . not when I know who I am. Being a romantic does not mean I get caught in fairytales or play in fantasies. Being a romantic actually is being in love with myself, with my life, and with all things . . . and I will be known by it.