

GUIDING LIGHT - Spiritual Theme of the Month

November 2022

CLARITY: There is a core from which I draw, in order to accomplish my purpose and achieve my goals; a place that is both pure and divine. Let's call it, Needs. When I pivot and move from my "needs," I am in-charge of my energy. I act on what is truly mine and what I came to fulfill. Life then becomes simpler and there is a *clarity* in what comes to me, as well as what I say and do. When I try to 'draw' from the outer for answers, I have troubles. I look to what others want, rather than what I need. I begin reacting based on fear, half-truths and manipulation. Everything quickly becomes mixed up, unclear — soon I am entangled with people and things I did not come to work with. The worst part of this is, my energy gets misused and I waste a great deal of time. However, I must always remember I have the power to do what I come to do. It is coming home to the *clarity* of my purpose and my aspirations; my needs.

DIRECTION: At no time am I without an inner compass. At no time am I without *direction*. I am my *direction*. From time to time, I can get bombarded with requests, guidelines and even 'strong suggestions' from people or from the systems in which I work or live. This can cover up my real *direction*, or create an illusion that I have lost it. This is where having an inner or outer sanctuary is important; a place where I can be with my spiritual helpers, to regroup . . . in order to move forward. Peace & Freedom are principles to help me rekindle my own *direction*. Anytime I am in doubt, I simply ask my guidance to help me with my *direction*. I then relax, trust and stay open to their inspiration. As things unfold to me, I stay involved, being of service the best I know how. I then incorporate and improve with every sign & insight I receive. "I am my direction." I am here to fulfill on my life purpose, in an abundant way.

BEING: I am more a way-shower, by my being, than anything else. Naturally, the example offset by my actions is very important, but it all flows from my being. There is a good barometer for how well I am maintaining myself, and that is contentment. "Contentment" is a key, if I want a deeper relationship with the Universe. It also helps me identify areas where I need to improve or refine. Sometimes I am not at my best; I'm 'trying' to be something or copy someone. That will show. Sometimes I am at my best; I have peace & freedom throughout my situations and in my relationships. That will show. I am communicating all the time, one way or another. So how do I want to be? It is up to me whether I am shining or diminishing, whether I see things as an adventure or a chore. I did not come here to dim the light of my being, I came to light-the-way.

LIBERATION: The more I examine the facts, the more it becomes clear, I live in two worlds at once; the spiritual and material. I will not become completely free until this is fully realized. Liberation to the soul is living life based on spiritual purpose. As I refine my vibration, through practice and service, I create freedom. This is the same vibration my spiritual helpers communicate with me. They are a tremendous example. Their purpose with me is all about liberation. I am in awe of how much love and respect they have for me. They are not afraid to pass on their wisdom, nor are they afraid to share tough-love; they know who I am, where I came from and where I am going. Independence & freedom are key principles they use to share guidance. I have everything I need to succeed and more. All that remains is to utilize what I have, into a positive service that people need and faithfully pass it on.

LEADERSHIP: Whether I am simply leading myself or leading others, it's my *leadership* that helps me move beyond. It has taken time to understand how important *leadership* is to my growth and advancement. Without it, I drift through life. For instance, I may know what I want, but until I lead myself toward it, I am a daydreamer. Instead of conjuring up things in my mind, I simply see *leadership* as a Decision. I decide for me, I am responsible for my "decision." My Spiritual Guidance are their own leaders. It is not a role they take on and take off; they decided who they are and lead the way. I know that, while available to all, not everyone is willing to do this, yet! But like me, they will one day follow their feelings into *leadership*. My guidance are helping me become a master of my energy. That is my *Guiding Light* and the light with which to inspire others.